Work Instruction

Name

Institution

Date

How to identify edible plants in the local forest: High-Context Audience

Many are times individuals find themselves stranded in remote areas where they are unable to access food or clean water to drink. In such situations, individuals are supposed to put in their A game in order to survive. This is because it can take more 72 hours for the rescue team to reach out to the stranded individual. This paper is going to outline the various steps a person can use to identify edible plants in the local forest.

1. Knowing where the best food is located, depending on where the individual lives: an individual needs to know where to find the best food depending on the climate of the area he or she lives in. For instance, if an individual lives in dry areas, he or she should able to know that edible plants are likely to found near water.
2. Studying local plant books: an individual needs to be familiar with the wild edible plants in his area. He is supposed to learn between 20 or 30 of these plants and memorize them as he might need them in future.
3. Looking for berries on trees: once an individual finds himself in a remote area, he should look for berries on trees as some of them are edible.
4. Following animal trails: when in a remote area, it is important to look for animal trails as they might lead you to areas with edible plants. However, it is not advisable to follow animal trails for long as they might either lead you to more remote areas or expose you to the danger of being attacked by dangerous animals.
5. Looking for ornamental trees: these trees are usually planted for flowers. These flowers usually lead to fruit, for example plums and crab apples. While in the wild you should be very keen for these trees.

When an individual follows the aforementioned steps, he or she is likely to survive in remote areas as he will have food to sustain him before the rescue team gets to him or her.