

# WRITTEN AND ORAL SELF-ANALYSIS

## MY JOURNEY

*WRITTEN SELF-ANALYSIS POINTS: 50 (5%)*

*ORAL SELF-ANALYSIS POINTS: 50 (5%)*

### INSTRUCTIONS

#### 1. PROJECT BACKGROUND AND DESCRIPTION

- **Practical Value:** *At the beginning of the semester you set specific goals for yourself in this course. This is your opportunity to reflect on your performance and create an action plan to improve areas of opportunity as you celebrate your success.*
- **Practical Skills:** *You will improve your decision making, critical thinking, goal setting, intra-personal, oral, interpersonal, comprehension, critical thinking, analytical, writing, time management, compliance, intercultural, public speaking and reflective skills.*

#### 2. PROJECT SCOPE

- **Purpose:** *The purpose of this written and oral self-analysis is to assess your ability to set goals, reflect and make specific plans to take advantage of new skills as you work to improve areas of opportunity.*

*This is a reflective piece about your growth as a student. After Speech #3, you will be asked to write a detailed self-analysis. This assignment is designed to help you evaluate your growth and performance in this course.*

*Discuss how you have improved this semester, and identify areas that you will continue to refine. You must use concepts from the text and course discussions to make valid points.*

#### 3. REQUIREMENTS

- **Cover Page:** *Be creative.*
- **Format:** *Typed and double-spaced. Handwritten assignments will not be accepted.*
- **Margins:** *One inch margins.*
- **Font:** *Times New Roman.*
- **Font Size:** *12 pt.*
- **Length:** *Minimum 2 pages. Maximum 3 pages.*
  - **There is a 50 point deduction for failing to write 2 full pages.**
- **Submission:** *Please submit your written analysis on eCampus at 7AM on the due date*

(CONTINUED)

### 3. REQUIREMENTS (CONTINUED)

*Please remember to spell check your work. It is important that journals demonstrate your understanding of course concepts, and that you are able to see examples in your daily life. Do not recycle textbook examples.*

*Be creative, funny, critical and more.*

*There is a 50 point deduction for failing to write at least 2 full pages*

### 4. DELIVERABLES

*In your 2-3 page paper, please address all of the following:*

- *Scope: Think about your expectations on the first day of class—*
  - *What did you plan to accomplish?*
  - *Discuss concepts you mastered*
  - *Explore concepts that were challenging to address*
  - *Discuss plans for continued improvement*

*Reflective pieces are about evaluation. You need to assess your knowledge and experiences honestly.*

### 5. TIME MANAGEMENT

- *Late Work: Late work will not be accepted*
- *Correct format: Handwritten journals and printed journals will not be accepted.*
- *Submission: Please submit your paper before 7am on the due date.*

## 6. RUBRIC

➤ **Outstanding — 90-100:**

*Awarded to the student who has applied several concepts from the text and lecture and has incorporated relevant personal experiences. It is apparent that this student clearly understands the material and the instructions for the assignment. This person has few spelling & grammatical errors. The journal consistently conforms to font size and style requirements including margins and page length.*

➤ **Good — 80-89:**

*Awarded to the student who has applied some concepts from the text and lecture and has incorporated personal experiences. It is apparent that this student understands the material and the instructions for the assignment. This person has some spelling & grammatical errors. The journal conforms to font size and style requirements including margins and page length.*

➤ **Fair — 70-79:**

*Awarded to the student who has mentioned at least one concept from the text and has incorporated a personal experience. This person did not demonstrate a clear understanding of the assignment. There are numerous spelling & grammatical errors. The journal conforms to font size and style requirements including margins and page length.*

➤ **Poor — 60-69:**

*Awarded to the student who fails to apply concepts from the text or lecture. This person did not demonstrate a clear understanding of the assignment. There are numerous spelling & grammatical errors. The journal does not consistently conform to font size and style requirements including margins and page length.*

➤ **Insufficient — 0-59:**

*Awarded to the student who fails to apply concepts from the text or lecture. This student has late work, incomplete work, or fails to submit work. Submitted materials are not related to the assignment. - The journal does not conform to font size and style requirements including margins and page length. (i.e. - Turned in 1 ½ pages instead of 2-3 pages.)*