Credible Websites Assignment

Find 1 website that addresses nutrition. Answer the following list of questions to help determine the validity of the information on your website. All answers **must** be in complete sentences to receive full credit.

1. **Name:** of resource and/or website address (be sure to include the website domain – i.e. .com, .org, .gov)

2. **Date webpage last modified? Last updated?**

3. **Who are the authors of the website?** What does this tell you about the information provided? (this might be in the “About Us” section) Who is the sponsor or funder of the site? Does this sponsor or funder have something to gain by supporting a certain agenda?

4. **Target Audience:** Who is the target population/audience? Could the information/resource be adapted easily for other audiences?

5. **Type of Information:** What kind of information is available on the site? Information, resources, guidelines, lessons, interactive activities?

6. **Reliability: Please explain:**

 Does the website make any claims? Are these too good to be true? (you want to beware of claims that seem too good to be true, sites that label foods as “good” or “bad”, diets that suggest elimination of entire food groups, etc.)

 Does your website appear to be selling something? If so, what?

 Is content professionally written and presented?

 Are sources clearly documented?

 Can you identify any bias in the content, or does author(s) present both sides of an issue?

 Does the website offer additional resources or links to lead you to additional information? Do links on the webpage work?

7. **Highlights:** Which parts of the website (or aspects of the resource) did you find most interesting or useful and why?

8. **Overall Impression:** Is this website credible? In a minimum of **5 comprehensive sentences**, explain why this website is credible or not.