**Topic 1: Counselor Disposition Worksheet**

**Directions:** Review the counselor disposition document located in the weekly materials. After reviewing the dispositions, complete the table below and total your ranking score at the bottom of the table.

**Part A:** Use only a sentence (or two) to discuss each of the following. APA formatting is not required**.**

| **Counselor Disposition** | **Ranking: 1-10 (10 being the strongest) How strong are you in this area?** | **How is the disposition demonstrated in your behaviors or thoughts? Provide an example.** | **How do you know it is an area for growth and how you can become stronger in this area?** | **What areas have you made progress on since being in the program? How will you continue to make progress?** | **Why is this disposition important in the process of assessment, diagnosis, and treatment?** |
| --- | --- | --- | --- | --- | --- |
| **Psychological Fitness** |  |  |  |  |  |
| **Self-Awareness** |  |  |  |  |  |
| **Cultural Diversity** |  |  |  |  |  |
| **Acceptance** |  |  |  |  |  |
| **Empathy** |  |  |  |  |  |
| **Genuineness** |  |  |  |  |  |
| **Flexibility** |  |  |  |  |  |
| **Patience** |  |  |  |  |  |
| **Amiability** |  |  |  |  |  |
| **Professional Identity** |  |  |  |  |  |
| **Total Score** | **[Enter your score here]** | | | | |

**Part B:** Click [here](http://drkdrcounselingcourses.weebly.com/uploads/4/9/6/6/4966511/the_makss_instrument.pdf) and pull up the Multicultural Awareness, Knowledge, and Skills Survey (MAKSS).Complete the MAKSS survey and write a brief one paragraph summary (75 to 150 words) of what you learned about yourself from taking the survey.

**MAKSS Survey Reflection:**