**Part I: Initial Discussion Post (125 points)** -- **Due Monday, August 6th**  
  
Choose one of the meals/food systems that Pollan discusses in his book: Industrial (i.e. a McDonald’s or traditional supermarket meal), Big Organic (i.e. Whole Foods), Locally Produced (i.e. Polyface Farms), or Self foraged/self grown/self hunted. In a discussion post to the "Book Club Discussion" board (apprx 300-400 words total), please address the following questions:

* What cultural, environmental, biological/evolutionary, globalization, or political economic principles that we have discussed in class relate to Pollans discussion of the particular meal/food system that you are focusing on? You must address a minimum of 2 of these different course themes in your response. Be sure to use and cite class material (readings, videos) as evidence to support your argument.(apprx 200-300 words)
* How did reading this book change (or not change) your views about your own eating habits and why? Be sure to connect your viewpoints to ideas presented in the book. (apprx 100 words).

**Book Club Assignment Rubric**

Part I Initial Post (125 points)

*Selection (15 points)*

* Does the student clearly **select one of Pollan’s 4 meal/food systems** to discuss?

YES (15), MOSTLY/SOMEWHAT (7.5), ATTEMPT/NO (0)

*Course Themes & Connections (80 points)*

* **THEMES #1:** Does the initial post clearly identify a course theme that connects to The Omnivore’s Dilemma?

YES (20), MOSTLY (17.5), SOMEWHAT (15), ATTEMPT (10), NO (0)

* **THEMES #2:** Does the initial post clearly identify a **second** course theme that connects to The Omnivore’s Dilemma?

YES (20), MOSTLY (17.5), SOMEWHAT (15), ATTEMPT (10), NO (0)

* Does the initial post **contain (at least) two citations** from course content?

YES (20), MOSTLY (17.5) SOMEWHAT (15), ATTEMPT (10), NO (0)

* Are the in-text citations in **proper APA format?**

YES (20), MOSTLY (17.5) SOMEWHAT (15), ATTEMPT (10), NO (0)

*Book Impact (20 points)*

* Does the initial post **discuss whether the book changed eating habits**?

YES (10), MOSTLY (7.5), SOMEWHAT/ATTEMPT (5), NO (0)

* Does the initial post **discuss why eating habits were/were not changed**?

YES (10), MOSTLY (7.5), SOMEWHAT/ATTEMPT (5), NO (0)

*Formatting and Conventions (10 points)*

* Is the **document formatted** precisely according to the directions (300-400 words total)? Are there few spelling/grammar mistakes?

YES/MOSTLY (10), SOMEWHAT/ATTEMPT (5), NO (0)

Part II Follow-up Posts (75 points)

* Does the student make **three thoughtful follow-up posts** to their fellow students?

YES (25), MOSTLY (20), SOMEWHAT (15), ATTEMPT (10), NO (0)

YES (25), MOSTLY (20), SOMEWHAT (15), ATTEMPT (10), NO (0)

YES (25), MOSTLY (20), SOMEWHAT (15), ATTEMPT (10), NO (0)

**Total \_\_\_\_\_\_\_/200**