Spring 2019 Purpose Statement Exercise

* Write an essay (2 to 3 pages) that answers the following questions
* What is your personal Purpose Statement?
* How did you arrive at this Purpose Statement? What purpose statements inspire you?
* How does your Purpose statement translate into goals (Short term, Med , Long Term) ?
* What barriers / obstacles do you see in you accomplishing your goals and how can you overcome those?
* What help do you think you need to make your Purpose Statement Actionable?