Therapy for Clients with Personality Disorders

* Analyze therapeutic approaches to treating clients with personality disorders
* Review this week’s Learning Resources and reflect on the insights they provide.
* Select one of the personality disorders from the DSM-5.

Give a description of the personality disorder you selected. Explain a therapeutic approach (including psychotropic medications if appropriate) you might use to treat a client presenting with this disorder, including how you would share your diagnosis of this disorder to the client in order to avoid damaging the therapeutic relationship. Support your approach with evidence-based literature.