Practicum Journal Entry 1

* Analyze nursing and counseling theories to guide practice in psychotherapy\*
* Summarize goals and objectives for personal practicum experiences\*
* Produce timelines for practicum activities\*

In preparation for this course’s practicum experience, address the following in your Practicum Journal:

* Select one nursing theory and one counseling theory to best guide your practice in psychotherapy.  
  Note: For guidance on nursing and counseling theories, refer to this week’s Learning Resources.
* Explain why you selected these theories. Support your approach with evidence-based literature.
* Develop at least three goals and at least three objectives for the practicum experience in this course.
* Create a timeline of practicum activities based on your practicum requirements.