2.2 Assignment

Venn Diagram

**Directions:**

1. Put your name and the date on the assignment.
2. Use the Venn Diagram to demonstrate how the aspects of health influence each other.
3. One circle represents physical health. Select two other aspects of health that were outlined in the lesson for the other two circles. In each circle write the aspect of health and a few dealings in your life that pertain to this aspect of health. For example, under social health you might write, “Going out with friends, Family game night, Arguing with brother.”
4. Where the circles cross represents how the aspects of health affect each other. Below the circles, explain how the specific aspects you’ve chose influence one another. For example, if Physical Health and Intellectual Health overlap, you might write, “When I exercise, I am able to think more clearly.”

**Name:**

**Date:**

**What aspect of health did you choose for circle 2?**

**Provide two examples of how Physical Health and Aspect #2 influence each other.**

**1.**

**2.**

**What aspect of health did you choose for circle 3?**

**Provide two examples of how Physical Health and Aspect #3 influence each other.**

**1.**

**2.**

**Provide two examples of how Aspect #2 and Aspect # 3 influence each other.**

**1.**

**2.**