The Topic for discussion is **The Second Shift** as it relates to organizational Communication course.

* I've attached links to the **videos**below. Check out the information (videos, links, independent research) and write up about **Ten questions to ask your audience to respond.**

<https://www.youtube.com/watch?v=mvzE6zYkEQY&list=PLPRGwkrFwBLUYgToYYPM6OhERYZsZqDqa&index=3>

<https://www.youtube.com/watch?v=7ZUQ2HUC0Oo&list=PLPRGwkrFwBLUYgToYYPM6OhERYZsZqDqa&index=4>

<https://www.washingtonpost.com/blogs/she-the-people/wp/2014/05/22/are-you-more-stressed-at-home-than-at-work/?utm_term=.0b84a72386c8>

<https://www.theatlantic.com/sexes/archive/2013/02/women-are-often-remarkably-reluctant-to-ask-for-help-around-the-house/272858/>

<http://news.gallup.com/poll/157313/half-women-prefer-job-outside-home.aspx>

<https://www.theguardian.com/news/oliver-burkeman-s-blog/2014/jun/04/home-work-stress-office-plan-free-time>.

* Here's what I've got for the **Introductory portion so far:**

For many Americans going home at 5:00 doesn’t mean the work is over. When we talk about work-life balance we assume that people enjoy the “life” aspect of that dynamic, but that’s not the case for most American women.  The duties and tasks waiting for them at home, lead women to feel more stressed at home than in a workplace outside of the home.

Sociologist Arlie Hochschild calls this second job, waiting for women at home, The Second Shift. (VIDEO)

Common sense would point to the relatively recent addition of women in the workplace, but according to a 2014 study, women are more stressed at home than work. The same study found that men are happier at home than work, and women are happier at work than home. Home is just another job site, not a source of rest and comfort. And at least at work you get continuous positive feedback.

A 2012 Gallup poll found that if given the choice more American women would prefer to work outside of the home than inside of it. What does that mean for work-life balance?

One often taken-for-granted aspect of the Second Shift is *Emotional Labor*. Some sociologists call this the Third Shift. Emotional labor includes all the behaviors that are preformed that maintain interpersonal bonds. Hugging and comforting children, sending birthday cards, planning a party, creating a trip itinerary, and even researching home repair technicians are all examples of emotional labor.  Regardless of their roles outside of the home, women are still generally considered the manager of home.

The problem isn’t uniform across socio-economic levels; low-wage earning women log the most hours of any demographic in the Second Shift.

The problem isn’t evenly distributed across the week either.  Both men and women experienced much less stress on weekends when they didn’t have the dual responsibility of working two jobs in one day.