Capstone Topic:

Educating Patients to Make Appropriate Aesthetic Dermatological Treatment Decisions

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**Statement of the Problem, Issue, Suggestion, Initiative, or Educational need**

A patient seeking dermatologic treatment often lack adequate information about their need or can feel ashamed about their appearance yet cannot express what clinical intervention they desire. According to Werschler et al. (2015), the patient always expresses their needs on such statements as to look better, which are vague and non-specific. These calls for the need to conduct an assessment that will help patients understand their specific concerns and define a particular treatment (Zirwas, & Holder, 2009).

**Statement of the Setting or Context the Problem, Issue, Suggestion, Initiative, or Educational need**

The setting of this problem and the suggestion is in the cosmetic procedure and minimally invasive procedure. In this context, the patient's primary concern is to enhance their looks and not to eradicate the illness(Leo et al., 2015). In most cases, a patient may seek information from the dermatology clinic. Some of the concerns may also result from normal aspects such as aging. Ideally, the education initiative is to be enhanced during the initial patient assessment.

**A detailed description of the Problem, Issue, Suggestion, Initiative, or Educational need**

Caring for a patient in dermatology requires the need to provide patient education. Since patients usually have vague and unspecific wishes, successful education results in improved patient outcomes and hence increased satisfaction. Irrespective of the patient's requirements, whether it's to eradicate hair, to correct wrinkles or pigmentation problems, patients usually lack adequate information about their main concern(Werschler et al., 2015). This calls for the need to balance the patient treatment ideas with keen observation of their concerns.

Also, the patient can express different concerns about their skin, and hence an interrogative training is necessary to help prioritize the concerns. Patients also express treatment in terms of their immediate observations such as sagging skin, and thus, there is a need to educate them on the underlying causes. This result in a more effective intervention will be employed to enhance overall patient satisfaction. According to Jain, Huang, and Ferraz (2017), interventions such as the use of a patient-centric assessment tool will help the patient attain results that are relevant to their needs.

**Impact of the Problem, Issue, Suggestion, Initiative, or Educational need on the Work Environment, the Quality of Care Provided by Staff, and Patient Outcomes**

The accuracy of the patient information about their concerns affects their satisfaction with dermatologic treatment. Usually, the patient has their views about the treatment they desire based on the knowledge acquired from peers, family, or electronic information. However, no matter the accuracy of the procedure fails to address the patients, primary concerns often result in low satisfaction. This is harmful both to the organization and the profession in response to the different clinical concerns(Gibbons et al., 2018).

**Significance of the Problem, Issue, Suggestion, Initiative, or Educational Need and Its Implications to Nursing**

The need to educate patients seeking aesthetic dermatologic treatment has some implications on the nursing practice. The nurse, in particular, will enhance the active engagement of the patient to understand the impact of all aesthetic dermatological procedures(Epstein, 2016). Patient satisfaction is a critical aspect of the nursing practice within this treatment intervention. As more patients seek aesthetic dermatological treatment, there will be a need for established education strategies that utilize a variety of tools.

**A proposed Solution to the Identified Project Topic**

There is a need to adopt standard patient-centered education procedures based on consultation before delivery of any aesthetic dermatological treatment (Jain et al., 2017). As the demand for these procedures increases, the dermatology clinics, and equivalent healthcare units need to have established structural measures that will enhance patient knowledge. The aesthetic global ranking scale is one of the tools which will improve the patient outcome (Bowyer et al., 2016). This requires the need to have standard assessment practices that will help make the most informed decisions.

References

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