Emerging Adulthood - Readings & Resources

First, please watch this video for an explanation of emerging adulthood and why it is a relatively new concept. Consider culture, social status, and other factors that may influence the prevalence of this concept.

[Why does it take so long to grow up today? | Jeffrey Jensen Arnett | TEDxPSU (Links to an external site.)](https://www.youtube.com/watch?v=fv8KpQY0m6o)

Next, examine this article about emerging adulthood that addresses Arnett's research and other perspectives.

[Emerging adulthood as cultural diagnostic (Links to an external site.)](http://proxy.lib.miamioh.edu/login?url=https://search.ebscohost.com/login.aspx?direct=true&AuthType=cookie,ip&db=a6h&AN=ATLAiFZK181119000918&site=eds-live&scope=site)

Issues in emerging adulthood

**Select one** of the following additional readings about emerging adulthood.

Disability

[Transitioning to adulthood with a mild intellectual disability—Young people's experiences, expectations and aspirations. (Links to an external site.)](http://rave.ohiolink.edu/ejournals/article/368019842)

Body Image

[From negative to positive body image: Men’s and women’s journeys from early adolescence to emerging adulthood](http://rave.ohiolink.edu/ejournals/article/358089983)

\*\*\*You may not be able to open the two articles related to Disability and Body Image, so I uploaded it as a PDF.

PDF file for Disability is named “Transitioning to adulthood with a mild intellectual disability”

PDF file for Body Image is named “Body Image”

# Emerging Adulthood - Teen Parenting

Please view the following and think about these questions as you watch:

* How do the experiences of these teens relate to discussions about sex/ual/ity education and health?
	+ How may brain development in adolescence inhibit healthy decision-making regarding sexual activity and pregnancy prevention?
* In what ways does gender intersect with parenting expectations and how that influences a teen parent's opportunities for success and education?
* How does the experience of parenthood impact the ability to experience emerging adulthood (or not)?

[Do All Teen Moms Think the Same? (Links to an external site.)](https://youtu.be/VKNfs1BuySs)

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