Good evening everyone,

My name is Chrystal McRee and I’m originally from California but reside in Georgia. I am a veteran, reason why I reside in Georgia, my husband and mine last duty station was Fort Stewart. I am a mom of three young boys who keep me on my toes. My hobby is working out and my favorite past time is sleeping. I am currently a personal trainer and a youth sports coach. I enjoy helping people and being able to help kids learn and perfect their skills. My career aspirations are to own and run my own gym.

The area in my life I feel could be enhanced is being a student. I am constantly busy and don’t get to do my school work until late at night and I’m usually exhausted to put my all into it. Viewing back on it, I know I can probably squeeze some time to do school work during the day at least a few times a week, where I am able to clearly think about what I am doing. Critical thinking is a huge part of school as I have learned the past few classes. So I think that is where I need to apply it more to become a better and understanding student.