UNIT 4 DISCUSSION

*After completing the readings in Unit 4 and further researching the topic, post a two-paragraph response to the following:*

Think about your own adolescent years.

* How would you describe your self-esteem and sense of identity during adolescence, and how did it evolve?
* What sociocultural influences played a role in your identity formation? How did your relationship with your parent(s) influence your identity development?

*Please make sure that your discussion comments abide by the Netiquette policy outlined in the syllabus.*

 # 2 - THE TEENAGE YEARS

Pretend that you are a psychologist who is meeting with a client concerned about her 14-year-old. Your client tells you that she is not sure what to expect, now that her child is becoming a teenager. She asks you, "What is going to happen to my child biologically, psychologically, and socially over the next few years?" She also wants to know how she can build a strong relationship with her teenage child and better cope during these many developments.

Write a 2-3 page paper addressing your client's questions and concerns. Be sure to cite the unit readings and/or outside sources to support your facts and statements. Include both in-text citations and a reference page, in APA format.