GCH 300

04/02/2020

Main Topic: Preparedness

Subtopic Proposal: Preparedness for Children’s Mental Health after disasters.

Objective from the 2020 site: Increase the percentage of school districts that require schools to include specific topics in their crisis preparedness, response, and recovery plans

* 5.4:Increase the percentage of school districts that required schools to include specific provisions for mental health services for students, faculty, and staff after a crisis has occurred

How I came to this topic?

An increasing number of public health studies have highlighted the long-term effects of traumatic events on children’s mental health and emphasize the importance of mitigating these effects as early as possible after an emergency. I chose to focus my project on increasing mental health services in schools as an emergency preparedness initiative because of the outsized impact and overwhelmingly strong evidence supporting this intervention approach.