**NR393 Course Project Phase 2:**

**Conversation With the SelectedNurse Template**

**Directions:** Prior to completing this conversation, carefully review directions, tutorial, and rubric for this assignment. Replace “Name of Student” with your first and last name. Replace “Name of Selected Nurse” with Selected Nurse's first and last name.Use exact words spoken by each person if using as a transcript. Highlighted *italicized* questions need to be stated exactly.

**For Example:**

SelectedNurse States Verbal Permission for Conversation and Submission (25 points)

*Karen (Student): Do you agree to this recorded conversation and submission to my instructor for grading purposes?*

*Margaret (SelectedNurse): Yes. I agree*

**Student Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Introduction:**

**Student Introduction and Statement of Purpose** (***20 points)***

Name of the student: Hello again, my name is X and I am a nursing student at Chamberlain University. I decided to meet you up for this interview session because I wanted to know more about your passion for nursing and how you have been impacting society with your nursing skills. Since the last time we met, I have been a huge fun of your projects. Thank you for turning up today, and I hope we will have an awesome time of learning.

Sara Rissolo **Introduction (*20 points)***

Sara Rissolo: Thank you so much X, and I am glad that I am a part of your project. I love sharing my nursing experiences, and when you called me for this session, I quickly said yes because if it would positively impact your learning, then I am in. Feel free to ask me anything regarding my life and nursing.

**Selected Nurse States Verbal Permission for Conversation and Submission *(25 points)***

Name of Student: *Do you agree to this recorded conversation and submission to my instructor for grading purposes?*

Sara Rissolo: Yes, feel free to record everything that I say and you can as well submit to your instructor.

**Questions and Answers**

**Question 1**

Name of Student: *What are your favorite memories of nursing school from your Student days?*

Sara Rissolo: I had the most interesting times during my nursing school, and one of the most memorable moments was when our class boarded a small airplane to a small rural village near our school to pick up critically ill people to come to our school hospital for treatment. I remember also how I found the elective classes on human sexuality, nutrition, and death and dying interesting while everyone in our class hated the lessons. But the memory that stands forever are the people that I got to connect with during mu nursing school years because they significantly impacted my studies.

Name of Student: Wow! That must have been interesting. I also love the fact that I got to meet people like you who will forever be in my memories because you have impacted my nursing studies.

**Question 2**

Name of Student: *How did your first year of RN practice compare to your nursing practice today?*

Sara Rissolo: my first year practicing as a registered nurse was the toughest because I remember I was nervous and unsure of my competency. It was not my first time to be in a hospital environment, but it was challenging for me to transition as a student to a working nurse. During this time, one needs a good sense of clinical judgment to attend to patients and recognize those that need immediate care. Unlike today, I act as a professional who understands the needs of my patients without worrying about the mistakes I might commit.

Name of Student: Awesome, those are very insightful comments and I will have to look into that when I start my practice.

**Question 3**

Name of Student: *What were some nursing practices that you used in your earlier years that are no longer used today? Why are they no longer used?*

Sara Rissolo: Well, the practice of nursing has changed significantly, and it is continuing to change. For instance, back in the days, it was difficult for nurses and physicians to interact to an extent that when a physician enters a room, a nurse has to leave the seat for him or her. This practice has changed because health care is advocating for interdisciplinary collaboration and mutual respect, which are essential for patient safety. Also, back in the days, nursing practices were not based on research, however, today; the healthcare system is pushing for evidenced-based research to ensure transparency and quality of care.

**Question 4**

Name of Student: *How have specific persons or events significantly impacted your practice over the years?*

Sara Rissolo: Throughout my nursing career, I have been fortunate to have two mentors who have significantly influenced me. One of them is Phyllis Zimmer, who was a professor at our nursing school. She not only taught me the clinical skills of becoming a nurse, but she also taught me how to make a difference. Another person is my husband who championed my decision to pursue MSN and also supported me in developing the Gratitude house residence for men. He has been instrumental in pushing me to do better for others.

**Question 5**

Name of Student: *How have you impacted the nursing practice of others?*

Sara Rissolo: As I am doing now and accepting this interview, I must say I am impacting your nursing career. In the same way, I have been able to meet several students online who ask me questions regarding their career and how they can succeed. I also teach clinical and lab at Chesapeake College, my local community college.

**Question 6**

Name of Student: *What contributions have you made to nursing in the areas of leadership, provision of care, and/or evidence-based practice?*

Sara Rissolo: My biggest contribution in all these areas is the development of the Gratitude house residence for men to help people with mental health issues. Running this residence can be a challenge; however, I have been able to employ my leadership skills to work collaboratively with the patients and other nurses to improve patient outcomes. Running a mental health residence requires that one uses evidence-based practice when delivering care to patients.

**Question 7**

Name of Student: *What challenges in today’s nursing can be improved using lessons from the past?*

Sara Rissolo: There are many nursing challenges, including workplace hazards, infectious diseases, disunity, and lack of collaboration. Going back to the Florence Nightingale’s model of nursing and careful nursing model by Catherine McAuley, the nursing arena can improve their situations.

**Question 8**

Name of Student: *Who is your favorite famous Nurse from nursing history?*

Sara Rissolo: That must Florence Nightingale because of her work in serving poverty-stricken people in society. I must say she inspired the idea of coming up with the Gratitude residence.

**Question 9**

Name of Student: *How to you use that famous Nurse’s examples in your own practice?*

Sara Rissolo: As I have said, Florence Nightingale shaped my idea of developing the Gratitude residence for men with mental health issues because I wanted to impact people in society as well.

**Question 10**

Name of Student: *Based on your nursing past, what advice would you give to the new Nurse today?*

Sara Rissolo: Nursing is a good career if you put your heart and mind to transforming people’s lives. As a nurse, it is okay to be afraid and discouraged, however, it should only last for moment because you must have the courage to speak up and ask questions. I will also tell a student nurse to find a mentor who will nurture them on a personal regarding leadership skills and clinical experiences.

**Optional Question**

Name of Student: *If things were to turn around, would you still consider studying nursing?*

Sara Rissolo: Without a doubt because nothing makes me happier that seeing people’s lives transform because of my services.

**Optional Question**

Name of Student: [Question asked]

Name of SelectedNurse: [Words spoken by Nurse to answer question]

**Optional Question**

Name of Student: [Question asked]

Name of SelectedNurse: [Words spoken by Nurse to answer question]

**Conclusion:**

**Gratitude (*20 points)***

Name of Student: What a learning experience! Thank you so much for creating this time to be here and I am grateful for all the knowledge you have shared. I must say that what you are doing to help other people is incredible, and you have inspired my career. Following your sentiments, I not only understand the roles of a nurse, but also I know that nursing is a calling.

Sara Rissolo: Thank you too. I am glad that I impacted you in one way or another. I wish you a long career filled with joy.

**Summary (*20 points)***

Name of Student: Nursing as a profession has evolved probably due to technology, and today, the nursing practice follows three significant practices; leadership, collaboration, and evidence-based practice. But as you have said, there are past practices such as those coined by Florence Nightingale and Catherine McAuley, which can help nurses deal with their everyday challenges.

Optional - Name of Selected Nurse: [Words Selected Nurse says]