Course Project Milestone 2 Template

Directions: Prior to completing this template, *carefully review Course Project Milestone 2 Guidelines paying particular attention to how to name the document and all rubric requirements.* After saving the document to your computer, type your answers directly on this required template and save again. This assignment is due by Sunday end of Week 3 by 11:59 p.m. Mountain Time.

**Your Name:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Assignment Criteria** | **Answers:****(*NOTE: See Milestone 2 Rubric for details required in each area*.)** |
| **Define:** **Briefly States Approved Nursing Care Issue from Milestone 1*****25 points*** | Currently I am working on the issue of hospital falls, which have increased in the facility that I work in. Hospital falls affects mostly the elderly patients. I have been in this facility for the last two years, and the rate of falls has increased suddenly due to staff shortage after retirement and transfers. Another cause of the high rate is missed nursing care, which involves assessment or teaching patients about falls. A lack of adequate staff has contributed to the issue because patients have fewer nursing care hours. The rate of hospital falls is at least two patients per week. The number of falls increased in March and April from 12 in January and February to 14 falls per unit. The issue of hospital falls is a problem for my unit since it affects our goal of ensuring the safety of patients. Falls cause excess bleeding, death, fractures, and subdural hematomas. It also increases medical care costs and hospital expenditures since there are no programs in my unit that cover extra expenses as a result of the falls. |
| **Measure:** **Identify Measures (Indicators; Data) to Support the Issue in Your Setting*****75 points*** | Our facility has 1300-bed capacity. In the period between January 2019 to January 2020, the number of hospital falls recorded were 1822; the highest that the hospital has ever recorded for the past five years. Of these cases, 80% occurred in the in-patient unit where I work. Other cases were reported in emergency department (136 case), radiology suit (16 cases), critical care units (57 cases), ancillary service department (35 cases), and admission unit (14 cases).The age distribution for patient fall was between 24-84 years and the mean was at 51 years. However, majority of patients who fell were above 50 years of age. The patients at high risk of falling were male at 56% while women were at 44%.The significant risk factors associated with hospital falls were age, length of stay, and impaired mobility due to illness. The prevention strategies that the hospital utilized were inconsistent before and after a patient’s fall. The most common interventions for among patients who fell were restraints (16 patients), sitters (16), and video surveillance (30 patients). |
| **Measure:** **List Titles of Stakeholders (important persons) and Their Roles in Improving this Nursing Care Issue*****75points*** | Nurse leaders- have a role to ensure a safe hospital cultureNurse leaders recognize strong nursing processes, interventions, and evaluations to help in the management of falls and reduce patient harm. Their positions help to shape high performance fall program outcomes at the hospital units through coordination.Nurses- nurses have a significant role of ensuring patient safety. They have the responsibility of screening and assessing patient falls and risks and documenting this information. They also monitor patients’ medical conditions for any changes and report falls to the physician.Physicians- they have a crucial role in the management and prevention of falls. They are well-positioned to drive organizational change through strategic planning, implementation, and evaluation of fall prevention programs. They also have a responsibility of recognizing changes in a patient’s risk of falling to ensure appropriate responses.Surgery and orthopedic clinics- consist of a team of surgeons, nurses, and doctors, and therapists. They treat and perform surgeries to patients with have musculoskeletal disorders as a result of falls. They also implement target interventions aimed to restore a patient’s well-being and prevent future risks.Education department- its primary role is to educate nurses on fall prevention strategies by specifying their roles and responsibilities. They also communicate hospital fall risk factors to the admitting department.  |
| **Analyze:** **Analyze the Possible Causes of the Nursing Care Issue*****50 points*** | The possible causes of hospital falls are unfamiliar environments, age of a patient, impaired immobility, high risk medications, inadequate assessment, ad delayed nurse responses. |