Week 1 Journal Template

**Directions:** Prior to completing this template, *carefully review Week 1 Journal Guidelines paying particular attention to how to name the document and all rubric requirements.* After saving the document to your computer, type your answers directly on this required template and save again. This journal is due by Wednesday of Week 1 by 11:59 p.m. MT.

**Instructions for Week 1 Journal**

* + Select a nursing *care* issue for the Course Project (***not*** workforce issues such as staffing) that could be impacted by improved quality. Identify the issue and state the desired outcome.
  + Ask at least one question of your instructor that could help you do your best on Milestone 1.
  + Return to the Grades area to read the instructor’s response Saturday or Sunday of Week 1 prior to submitting your Milestone 1.
  + ***Due Wednesday of Week 1 by 11:59 p.m. MT.***

**Your Name:** \_\_\_\_\_Tynika Bostic\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Assignment Criteria** | **Your Answers** |
| **dentify the nursing care issue and state the desired outcome** | **Nursing Care Issue:** I am currently working in a community hospital where a large number of patients are elderly.Hospital falls affects mostly the elderly patients. I have been in this facility for the last two years,and rate of falls has increased suddenly due to staff shortage after retirement and transfers. Another cause of the high rate is missed nursing care, which involves assessment or teaching patients about falls. A lack of adequate staff has contributed to the issue because patients have fewer nursing care hours. The rate of hospital falls is at least two patients per week.The number of falls increased in March and April from 12 in January and February to 14falls per unit. The issue of hospital falls is a problem for my unit since it affects our goal of ensuring the safety of patients. Falls cause excess bleeding, death, fractures, and subdural hematomas. It also increases medical care costs and hospital expenditures since there are no programs in my unit that cover extra expenses as a result of the falls.  **Desired Outcome:**My goal is to reduce the rate of falls to zero by the end of July. I have to play several roles in achieving this outcome, and the first one is screening and assessing the risk of hospital falls and documenting the results. The second role is the documentation of patient-specific interventions. The third one is to monitor the changes in the medical conditions of the patient. The fourth and fifth obligations are to obtain the required orders from the doctor and educate patients and their families about various fall prevention measures, such as exercising. My sixth role is to obtain supplies like walkers, canes, or bed alarms to aid patients in preventing falls. |
| **Ask at least one question of your instructor that could help you do your best on Milestone 1** | **Question:** which method is useful in evaluating the susceptibility of injuries in patients’ falls?  Nurses can use several methods of assessing the risk of patient falls. For instance, five times sit to stand test evaluates the patient’s strength. Another technique is asingle leg stance test that assesses the patient’s balance. |