Course Project Milestone 3 Template

Directions: Prior to completing this template, *carefully review Course Project Milestone 3 Guidelines paying particular attention to how to name the document and all rubric requirements.* After saving the document to your computer, type your answers directly on this required template and save again. This assignment is due by Sunday end of Week 6 by 11:59 p.m. Mountain Time.

**Your Name:** \_\_\_\_\_\_Tynika Bostic\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Assignment Criteria** | **Answers:****(*NOTE: See Milestone 3 Rubric for details required in each area*.)** |
| **Brief Statement of Nursing Care Issue*****25 points*** | I am investigating on the issue of patient falls, which has become prevalent in our hospital unit. I have developed a strong interest in studying hospital falls as a nursing care issue in my hospital and monitoring the trend between January and now. The issue of hospital falls is a problem for my unit since it affects our goal of ensuring the safety of patients. Falls cause excess bleeding, death, fractures, and subdural hematomas. It also increases medical care costs and hospital expenditures since there are no programs in my unit that cover extra expenses as a result of the falls. Despite increased nurses’ knowledge, research, and new technologies,we are still finding it hard to bring down the number of falls in the hospital to 0. |
| **I: Intervention to Improve Quality of This Nursing Care Issue*****50 points*** | The intervention plan to prevent hospital falls in this unit is to integrate a Clinical Nurse Leader to establish an interdisciplinary team that will work towards this goal. The plan will incorporate three components; a proactive risk assessment, a quality improvement model, and a standardized intentional rounding. Successful fall prevention and patient monitoring require effective leadership buy-in to ensure compliance. A proactive risk assessment will help the team to examine focus areas of fall prevention. These areas include communication, insufficient fall data, and inconsistent intentional rounding. Following the quality improvement model, the team will identify the root cause of events using root-cause analysis. Intentional rounding is a structure strategy where nurses check on patients at set times to care for their needs. Nursing education on intentional rounding can help reduce the number of falls. |
| **I: Professional Article to Support Intervention*****50points*** | Authors: Morgan, L., Flynn, L., Robertson, E., New, S., Forde-Johnston, C., & McCulloch, PPublication Year: 2017Article Title: Intentional Rounding: a staff-led quality improvement intervention in the prevention of patient fallsJournal Name: *Journal of Clinical Nursing*Volume Number: 26Issue Number: 1Page Numbers: 115-124DOI (if available): 10.1111/jocn.13401 |
| **I:Article Summary*****50 points*** | In this article, Morgan et.al, examine the use of a standardized intentional rounding approach to reduce patient falls. There has not been enough evaluation of the intentional rounding process, and this article seeks to explore this approach. The study implemented a customized intentional rounding as part of the staff-led strategy to minimize patient falls in the neuroscience ward. The intervention comprised of integrated approaches, including teamwork and support training, engagement and communication, and coaching. The study findings indicate that the intervention reduced patient falls by 50%. |
| **C: Control/****Evaluation*****50 points*** | In the above article, the findings reveal that the implementation of intentional rounding helped to minimize hospital falls by 50%. My proposed intervention to minimize patient falls in our unit to 0% involves nursing leadership with the incorporation of three intervention strategies; a proactive risk assessment, a quality improvement model, and a standardized intentional rounding. With effective leadership, integrating quality improvement science with proactive risk assessment, and intentional rounding, the unit can reduce patient falls to 0%. |