**Frist post**

I mostly use the relational listening style because of how I feel about others. I'm very compassionate about other's feelings and am protective of my relationships. My attention is focused on what they say and also on how I feel about what they are saying. I tend to be empathetic and emotional when listening to others. I identify with them on an emotional, compassionate, feeling level. Since relationships mean a lot to me, it is important for me to build and maintain these relationships. I like the closeness I share with others and I'm learning to understand how others feel when they relate to me.

Applying each of these listening styles can help to communicate for effectively depending on the circumstances. Analytic listening, which is a nonjudgmental approach allows the speaker to convey their thoughts and ideas without being prejudge. Critical listening seems to be valuable when an in-depth knowing is necessary or required by evaluating and questioning.  The task oriented listening can be more effective when getting to the point and taking action is needed.

My final thought is whichever style is used should be applied consciously in a loving and caring matter with serving one another in mind. Whenever we have communication problems the majority of them are listening problems; we've really gotten good at talking and less at being good listeners. An important part of our relationships with each other is our ability to listen and it's important that we become skillful in listening because it is a necessary part of our communication with each other and therefore a necessary part of our relationship.  In loving and caring for people it's necessary to communicate and it's necessary to talk and it's necessary to listen. We can talk and listen to each other in a way that builds confidence that can strengthened our relationships. It always feels good to be listened to and be a good listener.

[Reply](https://gcccd.instructure.com/courses/31044/discussion_topics/375018?module_item_id=1198482)

**Example for reply**

Hi ,

I really enjoyed going through your decision and reading your listening skills. I think a person, no matter how young or old, needs someone to listen to communicate with him, transmit their concerns, and express his thoughts and feelings, and listening means listening with interest and attention. He also knows to listen to be directed towards others and what they are trying to express, and responses from the listener help the speaker to express his thoughts, feelings, and feelings.  The importance of listening is evident in that it helps us to know the capabilities of others and to reveal their talents and potentials, and to reduce the danger of the speaker and raise his morale helps them to continue the conversation, as it helps us to capture the facts and knowledge involved in the subject listening to him.

**Second post**

Active listening may be the most important skill you ever learn. We use it to strengthen relationships and save lives. When someone tries to open up to you, sometimes the first instinct is to be passive. A good listener doesn't listen to respond. They listen to learn. You care about what they're saying, so you just wait for them to speak and tell you about it. For some people, that'll work, but for others, if you don't react they'll think you're not interested or bored. The other extreme is to contribute too much. It is essential to make someone feel important, like you want to hear what they're saying. A good listener improves the way he relates with the other person by learning how they think. Learning what's important to them. According to the Interplay: The Process of Interpersonal Communication textbook, I try my best to ask and answer questions(What made you think that/why did you do that/ how did that make you feel/when did you start feeling this way/ who made you feel worse), give nonverbal responses such as making direct eye contact, and nodding my head, paraphrase, and clarify meanings(Adler, 207). Being emotional, empathetic, and sympathetic provides support as well. It is good to also use your best judgement, insert your own story to make it relatable, but that is situation dependent.

**Reply**