**[Teopista](https://ashford.instructure.com/courses/68357/users/120261%22%20%5Co%20%22Author%27s%20name)Chosen person post to week 5 discussion 2**

The person of interest whom I have chosen is President Donald Trump. From a psychodynamic point of view, Donald Trump’s unconscious mind plays a big role in his personality. Donald Trump comes from a rich background and son to a millionaire businessman. As a child, he never lacked, and when his father dies he inherited most of the riches which began his journey to being a famous man. He was an entertainer and a shrewd businessman. Donald Trump lived a life where he was always praised and people did what he told them to do and never questioned. Before he became President the world knew very little of Donald Trump, today everyone gets a chance to identify him by his unique personality. In psychodynamics, Freud added that most people are motivated by unconscious instinctive minds (Jackson,2020). The psychodynamic is a mental health approach that mainly focuses on the mind. The psychodynamics was introduced by Sigmund Freud who emphasized understanding the mind and not what people are doing (Burns, 2020). Trump is known to walk back his statements after he realizes they are wrong or are being criticized by the public. This is a sign of the unconscious mind at work. Psychodynamics also focuses on childhood experiences, which manifests itself in adult life. Trump having grown up as the spoilt rich kid and successful businessman who made directives and they had to be fulfilled, you can see this kind of lifestyle in Donald Trump the president when he is challenged he retaliates against the person, he always wants to be the one above all.

                From the behavioral point of view Behaviorists also believe that anyone can be trained to do any job because we learn through interactions that dictate our behavior. Behaviorism is also termed as the theory of learning, where individuals respond to external stimuli also called the stimulus-response theory (Clark 2018). When Trump is in a crow you can tell that he is energized by the crowd of people who follow him. As he interacts with people he responds to his environment and that why he rather talks on his own and has people cheer him than using a teleprompter.

According to the learning theory, learning includes wanting something, noticing something, doing something, or getting something (Cloninger,2013). The concept of the drive which is also a motivating force, drives are needs that someone can have, for example, Donald Trump's needs for approval. He strives to have a good approval rating, and that is his learning concept as he wants to be accepted by people.

Trump can be described as someone with complex traits, a trait is a character or a quality of a person.  According to the Big Five test, Donald trump would pass for an extrovert. His personality is all about the people around him and his popularity.

From the humanistic perspective, there is more focus on the present than the past. The humanistic approach also suggests that human experiences are valuable and focuses to improve human conditions and their environment. Donald Trump now is focusing on his re-election to the presidency, and so he has done things like giving the American people the stimulus check which was a humanistic value.

The cultural consideration that might affect personality assessments, would be the fact that might affect each of these personality approaches would be the diversity involved in the individuals and the values of different cultures that might produce a different trait considering their childhood environment.

Based on what is available on social media some people view Donald Trump as the perfect leader while others view him as a narcissist. If we based his personality assessment on what is on social media, then that would constitute discrimination when there is bias or favoritism based on unfounded statements.

According to the Big Five personality test, Donald has openness and extraversion. He is very practical and imaginative he is also an extrovert, he is thoughtful loves to be in social gatherings.

References

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