Purpose Statement Worksheet

The purpose statement describes the goal of the study and includes the following elements: the purpose statement, population, geographic location, and research methodology.

Sample Purpose Statement

The purpose of this proposed qualitative exploratory study is to explore why male caregivers do not practice good self-care and explore barriers preventing good self-care practices. Ten male caregivers from Dallas, Texas caring for wives with breast cancer will participate in semi-structured interviews. The purpose of the interviews is to describe why male caregivers do not practice good self-care and describe possible barriers preventing good self-care practices. Results of the study could encourage male caregivers to implement good self-care practices to avoid becoming physically and psychologically ill.

To complete the Purpose Statement, answer the following questions:

1. **What is the purpose of the study?**

**Example:** The purpose of this proposed qualitative exploratory study is to explore why male caregivers do not practice good self-care and explore barriers preventing them from implementing good self-care practices

Write your purpose in the box below.

1. Who are the subjects or population who will participate in the study?

Example: Ten male caregivers

Identify your population or subjects in the box below.

1. What is the geographic location of the study?

Example: Dallas, Texas

Identify the geographic location of your study in the box below.

1. What is the proposed research method (quantitative or qualitative)?

Example: Qualitative

Identify your research method in the box below.

Now, write your purpose statement