**NR 394 Transcultural Nursing**

**Week 3: Course Project Part 1Check-In**

**Directions:**Prior to completing this template, carefully review Week 3: Course Project Part 1 Check-In Directions paying attention to how to name the document and all rubric requirements.

**Your Name:** \_\_\_Tynika Bostic\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Choose a specific cultural/ethnic population that is in your area, clinical practice, or community but different than your own culture.

The ethnic group that I chose for this course is Hispanic. There are many Hispanics from our neighborhood who present with different health issues that necessitate a need for health promotion. This ethnic group includes any person of Mexican, Cuban, Puerto Rican, or Central America origin. I have observed significant differences in mortality, morbidity, risk factors, and access to care among the Hispanic population in our community.

1. Identify a health problem or need for health promotion from your chosen cultural population, based on the Leading Health Indicators (LHI) priorities from Healthy People. (See the HealthyPeople.govLeading Health Indicators website link in the Assignment Guidelines for this assignment). This might include a specific age or gender. You will use the specific cultural focus to complete your assignment.

The health of this ethnic group is often shaped by factors, such as cultural barriers, lack of insurance, and lack of access to preventive care. This group presents with health issues, which are the leading causes of illness and deaths. For instance, among Hispanic children, obesity is prevalent, and nearly three out of four Hispanic children in our community are obese. Obesity results due to poor nutrition and inadequate physical exercise, and people who have obesity are at risk of developing many health conditions. Despite the efforts of Affordable care act, the number of Hispanics with deteriorating health conditions continue to increase. Access to health care is the number one factor that leads to Hispanics to develop these health conditions. They lack access due to their cultural affiliation, structural and social position factors, such as low income, inadequate education, and lack of social support systems. According to Healthy People 2020, an individual’s ability to access health care has a profound effect on every aspect of their health. Access to care increases one’s quality of life and reduces premature and preventable deaths.

1. Ask at least one question of your instructor that could help you do your best on the Course Project Part 1 Assignment.

How can I give feedback for this online class?

What should I do when I fail to understand a particular topic?

***Statement from instructor on cultural/ethnic population and health problem/need based on LHI priorities from Healthy People:***

* Accepted
* Accepted with revisions needed
* Not accepted.

**\*Any required revision will not alter your grade for this assignment. \***