PSY 645 Week 6

Required Resources

Multimedia

J. Krishnamurti Online (Producer). (1982, April 16). [*The nature of the mind–Part one: The roots of psychological disorder*  (Links to an external site.)](http://www.jkrishnamurti.org/content/roots-psychological-disorder-0/roots) [Video].  http://www.jkrishnamurti.org/content/roots-psychological-disorder-0/roots

* This video is the first in a four-part discussion between a religious philosopher, a professor of physics, a biologist, and a psychiatrist on psychological disorder and change.

Supplemental Material

Herron, T. (2013). [YouTube Webcam Quick-Start Guide (Links to an external site.)](https://content.bridgepointeducation.com/curriculum/file/1c2684ab-f947-475b-b8f9-6ce2056c5388/1/YouTube_Webcam_Video_Quick_Start_Guide.pdf) [PDF]. Ashford University: San Diego, CA.

* This guide will assist you in the use of YouTube to create your webcam video responses in the Interactive Assignment this week

Recommended Resources

As part of your ongoing studies this week, you are encouraged to interact with one another in the [Ashford University Online Psychology Club  (Links to an external site.)](http://www.linkedin.com/groups/Ashford-University-Online-Psychology-Club-5132531)via LinkedIn. This community of learning will allow youto create supportive networks for like-minded scholarship and to work through difficult course concepts in a mutually respectful environment. Please take a moment to explore [the community  (Links to an external site.)](http://www.linkedin.com/groups/Ashford-University-Online-Psychology-Club-5132531)and see what your colleagues are discussing.

Please note: If you do not already have a LinkedIn account, you will need to create one before joining.

Texts

Frisch, M. B. (2005). *Quality of life therapy: Applying a life satisfaction approach to positive psychology and cognitive therapy*. Hoboken, NJ: John Wiley & Sons.

* This book proposes a strengths-based empirically validated therapeutic approach. It includes case examples and techniques. This resource is recommended reading for students who are interested in the topics it covers. To gain access to this recommended resource students will need to purchase it. It will not be made available through the Ashford bookstore.

Peterson, C., & Seligman, M. E. P. (2004). *Character strengths and virtues: A handbook and classification*. Oxford, England: Oxford University Press.

* The full text version of this e-book is located in the Ashford University Library ebrary database and is available to read online. Please be aware that checking this item out of the library may prevent other users from accessing it. This book examines meanings of “good character” from multiple sociocultural perspectives and proposes a means for classifying strengths and virtues.

Snyder, C. R., & Lopez, S. J. (Eds.). (2005). [Handbook of positive psychology](https://ashford.instructure.com/courses/80685/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttps%253A%2F%2Febookcentral.proquest.com%2Flib%2Fashford-ebooks%2Fdetail.action%3FdocID%3D3052021). Retrieved from https://ebookcentral-proquest-com.proxy-library.ashford.edu

Article

Division 32 Committee on DSM-5. (n.d.) [The open letter to DSM 5 task force (Links to an external site.)](http://dsm5-reform.com/the-open-letter-to-dsm-5-task-force/). Retrieved from http://dsm5-reform.com/the-open-letter-to-dsm-5-task-force/

* This letter was sent to the American Psychiatric Association’s DSM 5 Task Force outlining concerns of psychologists in APA’s Division 32, Society for Humanistic Psychology.

Multimedia

J. Krishnamurti Online (Producer). (1982, April 17). [*The nature of the mind–Part two: Psychological suffering (Links to an external site.)*](http://www.jkrishnamurti.org/krishnamurti-teachings/view-video/psychological-suffering-.php)[Video]. http://www.jkrishnamurti.org/krishnamurti-teachings/view-video/psychological-suffering-.php

* This video is the second in a four-part discussion between a religious philosopher, a professor of physics, a biologist, and a psychiatrist on psychological disorder and change.

J. Krishnamurti Online (Producer). (1982, April 17). [*The nature of the mind–Part three: The need for security* (Links to an external site.)](http://www.jkrishnamurti.org/krishnamurti-teachings/view-video/the-need-for-security-.php) [Video].  http://www.jkrishnamurti.org/krishnamurti-teachings/view-video/the-need-for-security-.php

* This video is the third in a four-part discussion between a religious philosopher, a professor of physics, a biologist, and a psychiatrist on psychological disorder and change.

J. Krishnamurti Online (Producer). (1982, April 18). [*The nature of the mind–Part four: What is a healthy mind?* (Links to an external site.)](http://www.jkrishnamurti.org/krishnamurti-teachings/view-video/what-is-a-healthy-mind-.php) [Video]. http://www.jkrishnamurti.org/krishnamurti-teachings/view-video/what-is-a-healthy-mind-.php

* This video is the fourth in a four-part discussion between a religious philosopher, a professor of physics, a biologist, and a psychiatrist on psychological disorder and change.