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| **Engagement and Political Voice Checklist** |
| For each item, check the box that applies to you. For the item on voter registration, use the “Yes” or “No” boxes. | Never | Sometimes | Always | Yes | No |
| I work to solve community problems | X |  |  |  |  |
| I volunteer regularly for an environmental group | X |  |  |  |  |
| I volunteer regularly for a civic or community organization | X |  |  |  |  |
| I volunteer regularly for any other organization |  | X |  |  |  |
| I belong or donated money to any group or organization |  | X |  |  |  |
| Besides donating money, I help raise money for charitable causes | X |  |  |  |  |
| I have registered to vote |  |  |  |  |  |
| I vote in elections (regular voting) |  |  | X |  |  |
| I volunteer for a political campaign or candidate | X |  |  |  |  |
| I encourage others to vote |  |  | X |  |  |
| I wear a campaign button or have a sticker on my vehicle | X |  |  |  |  |
| I volunteer for a candidate, work or contribute money to a political party, or an organization that supports candidates | X |  |  |  |  |
| I contacted/visit public officials | X |  |  |  |  |
| I contact a newspaper or magazine | X |  |  |  |  |
| I contact a radio or television news show | X |  |  |  |  |
| I protest | X |  |  |  |  |
| I sign an e-mail petition |  | X |  |  |  |
| I sign a written petition | X |  |  |  |  |
| I boycott companies | X |  |  |  |  |
| I buy something to support the values of a company |  | X |  |  |  |

Adapted from Dahl, I., Hoy, A., Meisel, W.(Eds. of the Corella and Bertram F. Bonner Foundation.) (2006). *From community service to political action: A student call for civic engagement.* Princeton NJ: The Bonner Foundation.

Based on your assessment result, add a reflection about your reflection about your engagement ? Write a paragraph or two evaluating your response. Thoughts about how you might bolster your contribution, politically and professionally?