**PSY 650 WEEK 3**

**Required Resources**

Text

Gorenstein, E. E., & Comer, R. J. (2015). [*Case studies in abnormal psychology* (2nd ed.)](https://ashford.instructure.com/courses/83179/modules/items/4204670). New York, NY: Worth Publishers. Retrieved from https://redshelf.com

* The full-text version of this e-book is available through your online classroom
* Case 9: Bulimia Nervosa

Articles

American Psychological Association. (2010). [*Standard 3:*Human relations (Links to an external site.)](http://www.apa.org/ethics/code/index.aspx?item=6). Retrieved from http://www.apa.org/ethics/code/index.aspx?item=6

* Standard 3 of the American Psychological Association’s Ethical Principles of Psychologists and Code of Conduct provides guidance regarding how psychologist can safeguard the client’s well-being and confidentiality by avoiding multiple relationships, conflict of interests, and exploitive relationships. Informed consent and cooperation with other professionals are also outlined within this standard.

Asay, P. A., & Lal, A. ( 2014). [Who’s Googled whom? Trainees’ internet and online social networking experiences, behaviors, and attitudes with clients and supervisors](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Dpdh%252526AN%3D2014-09558-001%252526site%3Dehost-live). *Training and Education in Professional Psychology 8*(2), 105-111. doi: 10.1037/tep0000035

DeJesse, L. D., & Zelman, D. C. (2013). [Promoting optimal collaboration between mental health providers and nutritionists in the treatment of eating disorders](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526db%3Dccm%252526AN%3D104278621%252526site%3Deds-live). *Eating Disorders, 21*(3), 185-205. doi:10.1080/10640266.2013.779173

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. This article describes professional issues that emerge when mental health providers and registered dieticians collaborate in the treatment of eating disorders. Strategies for reducing conflict are shared. This resource is applicable to this week’s case analysis.

Halmi, K. A. (2013). [Perplexities of treatment resistance in eating disorders](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Da9h%252526AN%3D92802389%252526site%3Dehost-live). *BMC Psychiatry, 13*(1), 1-12. doi:10.1186/1471-244X-13-292

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. The author of this peer-reviewed source explores level of resistance in cases that involve anorexia nervosa, bulimia nervosa, and binge-eating, and ways to minimize treatment resistance. This resource is applicable to this week’s case analysis.

Harris, S. E., & Robinson Kurpius, S. E. (2014). [Social networking and professional ethics: Client searches, informed consent, and disclosure](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Dpdh%252526AN%3D2014-07843-002%252526site%3Dehost-live). *Professional Psychology: Research and Practice, 45*(1), 11– 19. doi: 10.1037/a0033478

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. The authors of this resource examine the online behavior of counseling and psychology graduate students, and the role of informed consent in client searches.  This resource is useful for the *Setting Boundaries When Working with Clients* discussion this week

Taylor, L., McMinn, M. R., Bufford, R. K., & Chang, K. B. T. (2010). [Psychologists’ attitudes and ethical concerns regarding the use of social networking web sites](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Dpdh%252526AN%3D2010-06890-010%252526site%3Dehost-live). *Professional Psychology: Research and Practice, 41*(2), 153– 159. doi: 10.1037/a0017996

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. The authors of this peer-reviewed resource investigate the online activity of psychologists, and the lack of training, supervisory guidance, and regulations from professional associations. This resource is useful for the Setting Boundaries When Working with Clients discussion this week

Waller, G., Gray, E., Hinrichsen, H., Mountford, V., Lawson, R., & Patient, E. (2014). [Cognitive-behavioral therapy for bulimia nervosa and atypical bulimic nervosa: Effectiveness in clinical settings](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Da9h%252526AN%3D92776543%252526site%3Dehost-live). *International Journal of Eating Disorders, 47*(1), 13-17. doi:10.1002/eat.22181

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. The authors of this article explore whether cognitive behavioral therapy is an effective treatment method in modifying moods, attitudes, and behaviors related to bulimia. This resource is applicable to this week’s case analysis.

Supplemental Material

Moten, S. (2014). [PSY650 Week three treatment plan](https://ashford.instructure.com/courses/83179/files/15254964/download?wrap=1)[download](https://ashford.instructure.com/courses/83179/files/15254964/download?download_frd=1)[PDF]. College of Health. University of Arizona Global Campus: San Diego CA.

* This document provides a treatment plan that will be used in this week’s case analysis.

**Recommended Resources**

As part of your ongoing studies this week, you are encouraged to interact with one another in the [University of Arizona Global Campus Online Psychology Club  (Links to an external site.)](http://www.linkedin.com/groups/Ashford-University-Online-Psychology-Club-5132531)via LinkedIn. This community of learning will allow youto create supportive networks for like-minded scholarship and to work through difficult course concepts in a mutually respectful environment. Please take a moment to explore [the community  (Links to an external site.)](http://www.linkedin.com/groups/Ashford-University-Online-Psychology-Club-5132531)and see what your colleagues are discussing.

Please note: If you do not already have a LinkedIn account, you will need to create one before joining.

Articles

Bartholdy, S., Musiat, P., Campbell, I. C., & Schmidt, U. (2013). [The potential of neurofeedback in the treatment of eating disorders: A review of the literature](https://ashford.instructure.com/courses/83179/files/15254966/download?wrap=1)[download](https://ashford.instructure.com/courses/83179/files/15254966/download?download_frd=1). *European Eating Disorders Review, 21*(6), 456-463. https://doi.org/10.1002/erv.2250

* The authors of this resource evaluated the effectiveness of electroencephalography, real-time functional magnetic resonance imaging, and near-infrared spectroscopy in treating eating disorders. This resource is applicable to this week’s case analysis.

Dölemeyer, R., Tietjen, A., Kersting, A., & Wagner, B. (2013). [Internet-based interventions for eating disorders in adults: a systematic review](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Da9h%252526AN%3D90240865%252526site%3Dehost-live). *BMC Psychiatry*, *13*(1), 1-16. doi:10.1186/1471-244X-13-207

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. The authors of this peer-reviewed source assess the efficacy of internet-based interventions in reducing symptoms of eating disorders.  This resource is applicable to this week’s case analysis.

Jones, A., & Clausen, L. (2013). [The efficacy of a brief group cbt program in treating patients diagnosed with bulimia nervosa: A brief report](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Da9h%252526AN%3D89926409%252526site%3Dehost-live). *International Journal of Eating Disorders, 46*(6), 560-562. doi:10.1002/eat.22120

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. The authors of this article describe how an eight-session CBT group can alleviate distress and behavioral symptoms associated with bulimia nervosa. This resource is applicable to this week’s case analysis.

Kolmes, K. (2012). [Social media in the future of professional psychology](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Dpdh%252526AN%3D2012-24742-001%252526site%3Dehost-live). *Professional Psychology: Research and Practice, 43*(6), 606– 612. doi: 10.1037/a0028678

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. The author of this article discusses digital transparency among psychologists and the use of social media for marketing purposes. This resource is useful for the Setting Boundaries When Working with Clients discussion this week.

Lenz, A. S., Taylor, R., Fleming, M., & Serman, N. (2014). [Effectiveness of Dialectical Behavior Therapy for Treating Eating Disorders](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Da9h%252526AN%3D93468957%252526site%3Dehost-live). *Journal of Counseling & Development*, *92*(1), 26-35. doi:10.1002/j.1556-6676.2014.00127.x

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. The authors of this article assess the efficacy of dialectical behavior therapy with individuals who meet the criteria for an eating disorders and co-occurring depression symptoms. This resource is applicable to this week’s case analysis.

Mitchell, J. E., Roerig, J., & Steffen, K. (2013). [Biological therapies for eating disorders](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Da9h%252526AN%3D87498949%252526site%3Dehost-live). *International Journal of Eating Disorders, 46*(5), 470-477. doi:10.1002/eat.22104

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. The authors of this literature review describe pharmacotherapy and how this treatment approach can be augmented or combined with other methods when treating bulimia nervosa. This resource is applicable to this week’s case analysis.

Toto-Moriarty, T. (2013). [A retrospective view of psychodynamic treatment: Perspectives of recovered bulimia nervosa patients](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fqsw.sagepub.com%2Fcontent%2F12%2F6%2F833.full.pdf%25252bhtml)*. Qualitative Social Work: Research and Practice, 12*(6), 833-848. doi:10.1177/1473325012460077

* The full-text version of this article can be accessed through the Sage Journals database in the University of Arizona Global Campus Library. The author of this peer-reviewed source explores a nontraditional method for treating bulimia nervosa using in-depth interviews with former clients who participated in psychodynamic therapy. This resource is applicable to this week’s case analysis.

Zur, O., Williams, M. H., Lehavot, K., & Knapp, S. (2009). [Psychotherapist self-disclosure and transparency in the Internet age](https://ashford.instructure.com/courses/83179/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Dpdh%252526AN%3D2009-01453-004%252526site%3Dehost-live). *Professional Psychology: Research and Practice, 40*(1), 22-30. doi:10.1037/a0014745

* The full-text version of this article can be accessed through the EBSCOhost database in the University of Arizona Global Campus Library. The authors of this article explore opposition to digital transparency and how to engage in appropriate self-disclosure on the World Wide Web. This resource is useful for the *Setting Boundaries When Working with Clients* discussion this week.